



Winter 2018

COMFORTABLE LIVING



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Tips for Making Winter Easier

Winter is the season that most people dread as they count down the weeks and days until the temperature starts to climb again. If you meet each winter with trepidation and want it to pass more quickly, here are some tips to get you through the season:

1 Indoor Renovation Project: Have projects around the house that you've been neglecting? If you didn't have enough time before, now is the best season to get it done. You'll feel productive and by the time the snow melts, you'll have something to show off.

2 Play a Winter Sport: Depending on where you live, skiing or hockey might be popular and available. You might prefer ice fishing, skating or curling. The list of options is endless. And if you're trying it for the first time, the combination of learning something new and expanding your social circles just might turn winter into your favourite time of year.

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Happy Holidays

From Your Friends at



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Tips for Making Winter Easier

Continued from page 1

3 Hibernate a Bit

After the long daylight hours of summer having non-stop fun, you need a break. Late bedtimes while the sun streams through the curtains will eventually take its toll. Use the long chilly nights to snuggle in for a long rejuvenating rest.

4 Plan a Fun Winter Vacation Instead of Waiting for the Summer

Most people plan getaways in the summer. This crowds airports, campsites, and resorts. If you wanted to go in the summer, why not make it a winter escape instead? Splitting the winter season with a break is a sure fire way to make it go by quicker.

5 Take Up an Indoor Hobby

If anything to do with outdoors or ice sends shivers up your spine, staying busy indoors might be just the thing you need. Painting, baking, crafts or hobbies are just some of the fun activities that will help you ignore old man winter until he's gone.

Dealing with winter shouldn't include having issues with your plumbing. If you need to make sure you're ready for the cold weather and any celebrations, give us a call at **1-888-458-1979** so you can focus on the fun stuff!

Solve the clues to reveal the secret winter answer to the code in the green boxes.

What is a delicious winter snack?

1				L
2		P		
3			R	
4				N
5		N		
6			O	
7			F	

Use this to hold water

Once _____ a time

Opposite of light

When the sun comes up

Small unit measurement

Very bright colors

You receive this during the holidays

Answer: Pudding. 1. Pail, 2. Upon, 3. Dark, 4. Down, 5. Inch, 6. Neon, 7. Gift



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The Basics of Backflow Prevention

When you turn on your faucet or flush the toilet, one important component you might not think about is backflow prevention.

What is Backflow?

Backflow, as the name suggests, is the flow of water in the opposite direction to where it is supposed to go. Water is supposed to flow into your home but due to pressure changes in the main supply system, like a burst pipe or sudden spike in use, the pressure can dip so low that water gets pulled from your home and enters the city's mains instead.

Why is Backflow Prevention Important?

Preventing this backflow from happening is an important health and safety issue. The systems in your home, like your dishwasher, garden hose, and toilet, are capable of drawing contaminated water into the mains if backflow occurs. This is also an issue if you have an in-ground irrigation system. Fertilizers, soap, human waste and bacteria are some of the contaminants that can enter the water supply, putting everyone at risk.

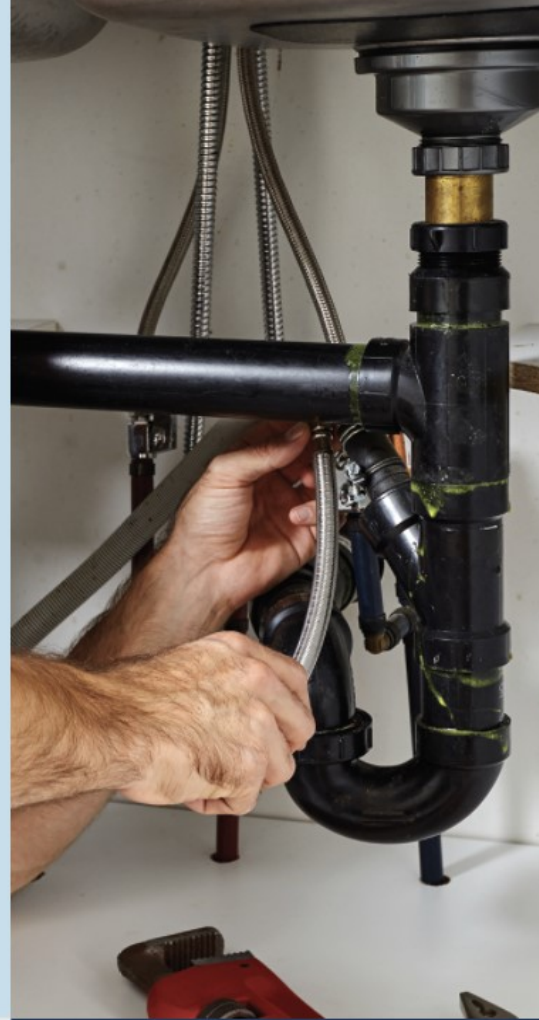
How is Backflow Prevention Accomplished?

Air Gap — The simplest form of backflow prevention is the air gap. This works by maintaining a gap between the water supply and potential contaminant. Plumbing codes state where these air gaps are required.

Air gaps are not always possible so backflow prevention must be achieved using mechanical means to allow flow in one direction but stop it from flowing in the opposite direction. Choosing the right backflow prevention device depends on where you are placing it, the hazard level and code requirements.

Double Check Valve Assembly — Check valves work by opening up for fluid to go in one direction but closing if the fluid attempts to flow in the opposite direction. Check valves on their own are not a viable means of preventing backflow but double check valve assemblies contain two check valves in series. These devices ensure that even if one check valve sticks open, the other will close as needed. The other benefit is that the two valves in series will give a tighter, more reliable seal.

Vacuum Breakers — Vacuum breakers contain an air inlet valve that stays closed during normal flow but opens as soon as the water pressure changes and there is a risk of backflow.



- Make sure filters are clean
- Replace furnace filter
- Don't ignore unusual sounds
- Set up an annual maintenance by **Plumb Perfect** today!



Not all homes require a backflow prevention device. Call your municipality and ask about any by-laws. If you're still not sure about the requirements, feel free to give us a call at **1-888-458-1979** and we



Buffalo Chicken Dip



This is perfect for holiday party food!

Preheat oven to 350 degrees F. Mix all ingredients thoroughly in a small casserole dish. Bake for 20 minutes. Serve with vegetables, chips or crackers for dipping. Enjoy!



Source:

Matt Michel

President, Service Nation Inc.



Joke Corner:



Q: Why shouldn't you play poker with a plumber?

A: Because a good flush beats a full house every time!

- 2 Large Chicken Breasts, already grilled and pulled (i.e. shredded)
- 6 oz. Crumbled Blue Cheese
- 1/2 Cup Cream Cheese
- 1/2 Cup Hot Sauce (like Frank's)
- 1/2 Cup Blue Cheese Salad Dressing



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